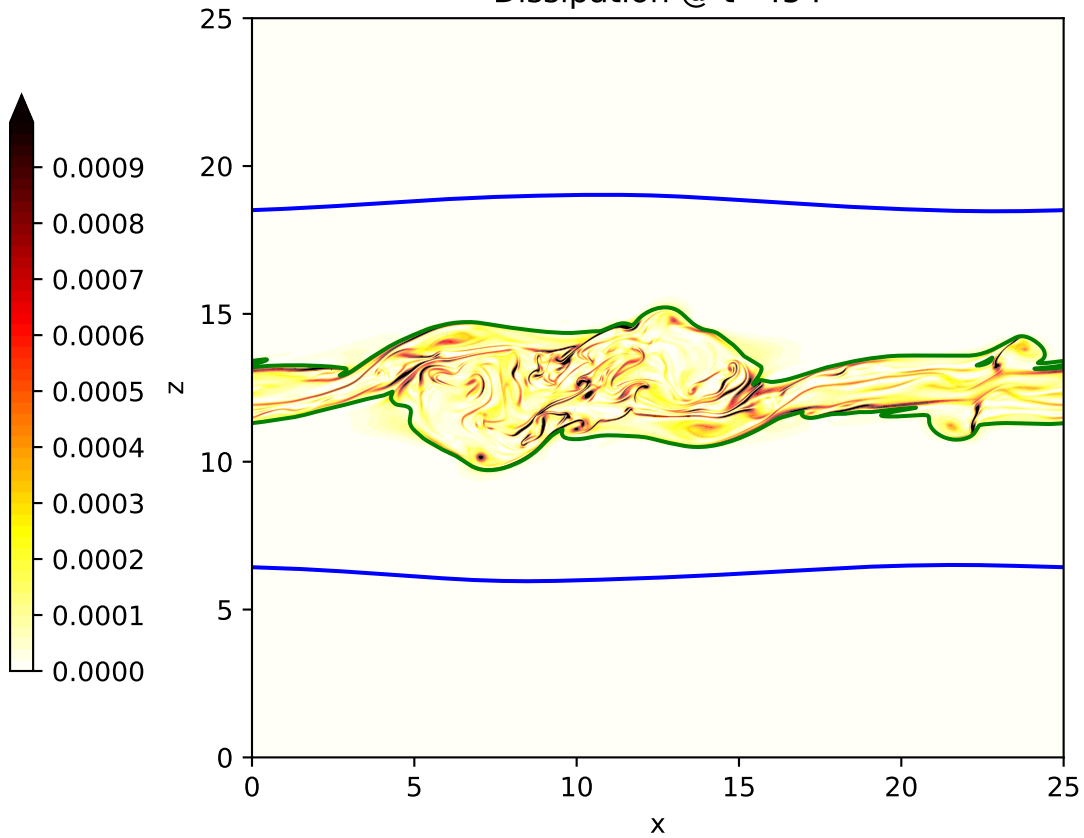


Dissipation @ t=454



Vert. buoyancy flux @ t=454

