

1 **Locally and remotely forced subtropical AMOC variability: A matter of**  
2 **time scales**

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## ABSTRACT

16 Mechanisms driving the North Atlantic Meridional Overturning Circulation  
17 (AMOC) variability at low-frequency are of central interest for accurate cli-  
18 mate predictions. Although the subpolar gyre region has been identified as  
19 a preferred place for generating climate time scales signals, their southward  
20 propagation remains under consideration, complicating the interpretation of  
21 the observed time series provided by the RAPID-MOCHA-WBTS program.  
22 In this study, we aim at disentangling the respective contribution of the local  
23 atmospheric forcing from signals of remote origin for the subtropical low-  
24 frequency AMOC variability. We analyze for this a set of four ensembles of a  
25 regional ( $20^{\circ}\text{S}$ - $55^{\circ}\text{N}$ ), eddy-resolving ( $1/12^{\circ}$ ) North Atlantic oceanic config-  
26 uration, where surface forcing and open boundary conditions are alternatively  
27 permuted from fully varying (realistic) to yearly repeating signals. Their anal-  
28 ysis reveals predominance of local, atmospherically forced signal at interan-  
29 nual time scales (2-10 years), while signals imposed by the boundaries are  
30 responsible for the decadal (10-30 years) part of the spectrum. Due to this  
31 marked time scale separation, we show that, although the intergyre region  
32 exhibits peculiarities, most of the subtropical AMOC variability can be un-  
33 derstood as a linear superposition of these two signals. Finally, we find that  
34 the decadal scale, boundary forced AMOC variability has both northern and  
35 southern origin, although the former dominates over the latter, including at  
36 the site of the RAPID array ( $26.5^{\circ}\text{N}$ ).

## 37 **1. Introduction**

38 The Atlantic Meridional Overturning Circulation (AMOC) plays a central role in climate by  
39 redistributing heat, freshwater and carbon. Its strength is correlated with climate indices such as  
40 the Atlantic Multidecadal Variability (AMV, Kushnir 1994; Schlesinger and Ramankutty 1994;  
41 Kerr 2000), (Knight et al. 2005; McCarthy et al. 2015b), as well as to the occurrence of regional  
42 weather events. Examples are precipitations over Europe (Sutton and Dong 2012) and North  
43 Africa (Zhang and Delworth 2006) and the hurricane activity in North America (Goldenberg et al.  
44 2001; Hallam et al. 2019). Thus, understanding the mechanisms pacing AMOC variability at  
45 climate time scales is of central interest for climate predictions. Decadal AMOC variability is  
46 often argued to be paced by the North Atlantic subpolar gyre due to the longer time scales involved  
47 in its dynamics (Wunsch and Heimbach 2013; Menary et al. 2016; Zhang 2017). But subpolar-  
48 subtropical AMOC connectivity remains an open question, with potentially complex interactions  
49 between the Deep Western Boundary Current (DWBC) and the upper Gulf Stream. Placing the  
50 focus on the subtropical gyre where continuous measurements of the AMOC have been carried out  
51 since 2004 by the RAPID-MOCHA-WBTS program (McCarthy et al. 2015a), we wish to further  
52 categorize the low-frequency AMOC variability of this region as locally or remotely paced.

53 A prevailing concern regarding mechanisms driving the low-frequency AMOC variability in  
54 the subtropical gyre is associated with the southward propagation of density anomalies from the  
55 subpolar gyre. While the subtropical gyre is dominated by interannual AMOC variability, the sub-  
56 polar gyre is dominated by decadal time scales dynamics (Balmaseda et al. 2007; Wunsch 2013;  
57 Wunsch and Heimbach 2013), **such as deep water formation rates or the longer time it takes**  
58 **for baroclinic Rossby waves to cross the basin at higher latitudes (Wunsch and Heimbach**  
59 **2013).** This make the the subpolar gyre a preferred region for the generation of decadal time

60 scales signals. Of particular importance is the southward propagation of dense water masses,  
61 which are expected to propagate to the subtropical gyre through the DWBC. As nicely reviewed  
62 by Biastoch et al. (2008a), mechanisms involved in the southward propagation of signals within  
63 the DWBC include a rapid exit of newly generated deep water masses out of the subpolar gyre  
64 and a fast equatorward communication through coastal Kelvin waves (Kawase 1987; Johnson and  
65 Marshall 2002; Deshayes and Frankignoul 2005; Hodson and Sutton 2012). Those southward trav-  
66 eling coastally trapped density anomalies thus lead to a zonal gradient across the North Atlantic  
67 basin, pacing an AMOC variability through geostrophic adjustment (Hirschi and Marotzke 2007;  
68 Cabanes et al. 2008; Tulloch and Marshall 2012; Buckley et al. 2012; Jamet et al. 2016).

69 However, recent studies cast doubt on such a simple southward pathway of density anomalies  
70 from the subpolar to the subtropical gyre. Observations do not reveal a straightforward connec-  
71 tion between deep water masses production at high latitude and their export further south (Schott  
72 et al. 2004; Lozier 2010). Both observational (Bower et al. 2009) and numerical (Zou and Lozier  
73 2016) float experiments suggest rather that recently formed deep water masses in the Labrador Sea  
74 mainly recirculate within the subpolar gyre, and that only a small fraction transit further south, a  
75 dynamics recently supported by the first 21 months of the OSNAP observing system (Lozier et al.  
76 2019). Additionally, a few studies have highlighted the complex dynamics involved in the south-  
77 ward propagation of the DWBC when crossing the upper, northward flowing Gulf Stream, with  
78 strong vertical interactions (Spall 1996a,b; Bower and Hunt 2000; Zhang and Vallis 2007; Andres  
79 et al. 2016).

80 Regarding southern interactions, Biastoch et al. (2008b) highlighted the potential contribution  
81 of the Agulhas linkage for the AMOC variability in the North Atlantic subtropical gyre. Using a  
82 two-way nested global configuration with refined horizontal resolution in the Agulhas region, they  
83 show that the meso-scale dynamics of this region contributes to about 0.2 Sv ( $1 \text{ Sv} = 10^6 \text{ m}^3 \text{ s}^{-1}$ )

84 of the lower limb AMOC decadal variability, **which may well contribute to about 10-20% of**  
85 **the  $\sim O(1 \text{ Sv})$  low-frequency variability measured by the RAPID array (Smeed et al. 2014,**  
86 **2018).** Such a potential contribution of the southern Atlantic for the AMOC variability in the  
87 North Atlantic subtropical gyre has also been recently underscored by Leroux et al. (2018).

88 AMOC variability in the subtropical gyre also responds to the local atmospheric forcing. On  
89 short time scales (month-to-years), the Ekman adjustment of the ocean to local wind stress has  
90 been proposed as the leading mechanism (Hirschi and Marotzke 2007). At longer time scales,  
91 the baroclinic shear adjustment and the gyre interaction with an irregular bathymetry dominates  
92 (Häkkinen 2001; Cabanes et al. 2008). Thus, a measure of the AMOC as provided by the RAPID  
93 array would likely be a potentially complex combination of signals of different origin. Through  
94 numerical sensitivity experiments to surface forcing, Biastoch et al. (2008a) however have shown  
95 that the variability of the maximum AMOC under realistic forcing can be understood as a linear  
96 combination of an interannual variability driven by local wind forcing, and a decadal variability  
97 driven by buoyancy forcing in the Labrador Sea. This would suggest that interactions between the  
98 ocean response to the local atmospheric forcing and signals of remote origin are weak, making  
99 attribution in the real ocean easier. **But they have also pinpointed the sensitivity of this linear**  
100 **superposition to the presence of oceanic eddies. We thus propose here to further analyze this**  
101 **linear superposition in such an eddy regime.**

102 To further disentangling the respective contribution of the local atmospheric forcing for the  
103 AMOC variability in the North Atlantic subtropical gyre from the signals generated in remote  
104 regions (such as North Atlantic subpolar or Agulhas regions), we analyze the model outputs of 4  
105 different regional ocean model configurations which differ in their forcing at the surface and at  
106 the open boundaries. Details of these simulations are given in Section 2. In order to explicitly  
107 resolve the oceanic meso-scale dynamics (important for many oceanic processes, and in particu-

lar involved in the evolution of water mass properties in the DWBC downstream of Grand Bank (Bower and Hunt 2000; Lozier 2010)), we have performed these simulations at eddy-resolving ( $1/12^\circ$ ) horizontal resolution. With such a resolution, a significant fraction of the AMOC variability is expected to be intrinsic, that is, driven by processes other than the forcing and with a random phase (Grégorio et al. 2015; Leroux et al. 2018; Jamet et al. 2019). We have thus carried out these simulations with an ensemble strategy, **and we illustrate the benefits of this strategy to identify AMOC responses to external forcing in an eddy ocean.** We discuss in the following the results of the ensemble mean, which reflects the oceanic response to external forcing (surface and boundaries). We first extract the leading modes of the forced AMOC variability in our four ensembles, and compare their spatial pattern and their spectral content (Section 3). We then analyze full time series and assess the assumption of linearity in the combined effect of surface and boundary forced signals (Section 4). We discuss the intrinsic AMOC variability simulated by our different ensembles in Section 5, and analyze the respective contribution of northern and southern open boundaries for driving boundary forced AMOC variability in Section 6. We summarize and discuss our results in Section 7.

## 2. Methods

### *a. Model, experiments and processing*

We use the regional North Atlantic configuration of the Massachusetts Institute of Technology General Circulation Model (MITgcm, Marshall et al. 1997) described in Jamet et al. (2019b). It extends from  $20^\circ\text{S}$  to  $55^\circ\text{N}$  with a horizontal resolution of  $1/12^\circ$  and 46 layers in the vertical, ranging from 6 m at the surface to 250 m at depth. Open boundary conditions are applied at the side of our domain, such that oceanic velocities ( $U$ ,  $V$ ) and tracers ( $T$ ,  $S$ ) are restored with a 36

130 minutes relaxation time scale toward oceanic state derived from the 55-year long  $1/12^\circ$  horizontal  
131 resolution ocean-only global NEMO simulation ORCA12.L46-MJM88 (Molines et al. 2014). To  
132 insure stability at the boundary, a sponge layer is applied to the two adjacent grid points where  
133 model variables are restored toward boundary conditions with a 1 day relaxation time scale. **Al-**  
134 **though these relaxation time scales are relatively short, no adverse effects were apparent**  
135 **upon inspection.** Open boundary conditions are applied every 5 days and linearly interpolated in  
136 between.

137 At the surface, the ocean model is coupled to an atmospheric boundary layer model (Cheap-  
138 AML, Deremble et al. 2013). In CheapAML, atmospheric surface temperature and relative hu-  
139 midity respond to ocean surface structures by exchanges computed according to the COARE3  
140 (Fairall et al. 2003) flux formula, but are strongly restored toward prescribed values over land.  
141 Other variables (downward longwave and solar shortwave radiation, precipitations) are prescribed  
142 everywhere. Atmospheric reanalysis products used in CheapAML originate from the Drakkar  
143 forcing set (DFS4.4, Brodeau et al. 2010; Dussin et al. 2016), consistent with the atmospheric  
144 forcing employed in the ORCA12.L46-MJM88 global simulation used to derive the open bound-  
145 ary conditions.

146 The model is first spun-up for 5 years (1958-1963) from the ORCA12.L46-MJM88 initial con-  
147 ditions (**derived from Levitus 1998 climatology**) **under realistic forcing.** Then, all ensembles  
148 are integrated forward in time for 50 years (1963-2012) with a 12-member ensemble strategy. The  
149 12 initial conditions have been constructed through 1-year long simulations under 1963 forcing  
150 initialized with 2-days apart ocean states from January, 1963. These initial conditions are meant  
151 to reflect the spread induced by the growth of small, dynamically consistent perturbations decorre-  
152 lated at seasonal time scales. **This set of 12 initial conditions is used across the four different**  
153 **ensembles, such that initial perturbations are the same in all experiments.** Further details

154 on the configuration can be found in (Jamet et al. 2019b, Supporting Informations). We focus  
155 here our analysis on the ensemble mean statistics, which we interpret as the oceanic response to  
156 external forcing (surface and boundaries). This ensemble means are thus referred to as the forced  
157 variability in the following. The departure from this ensemble mean, i.e. the ensemble spread due  
158 to intrinsic variability, is discussed in Section 5.

159 To disentangle the respective contribution of open boundaries and surface forcing in driving  
160 oceanic variability within our regional North Atlantic domain, we have alternatively permuted  
161 open boundaries and surface forcing from fully varying (realistic) to yearly repeating signals. The  
162 realistic ensemble (referred to as ORAR hereafter, for Open boundary conditions Real and At-  
163 mosphere Real) uses the full spectrum of open boundary conditions and surface forcing. This  
164 ensemble represents the reference test case associated with realistic conditions, which has been  
165 used by Jamet et al. (2019b) to separate forced and intrinsic AMOC variability. Results from the  
166 three other ensembles are compared to this reference experiment. To isolate the oceanic variability  
167 that is locally forced by the **interannual-to-decadal** atmospheric dynamics, climatological open  
168 boundary conditions are applied to the ensemble OCAR (Open boundary conditions Climatologic  
169 and Atmosphere Real). These climatological open boundary conditions have been constructed as  
170 a climatological average for the period 1963-2012, **i.e. 5-day open boundary conditions are**  
171 **averaged across that period to provide a mean representation of the seasonal cycle.** They  
172 repeat every year, such that no signals at interannual and longer time scales are imposed by the  
173 boundaries. By contrast, to isolate the imprint of open boundaries, yearly repeating atmospheric  
174 forcing is applied to the ensemble ORAC (Open boundary conditions Real and Atmosphere Cli-  
175 matologic). The yearly repeating atmospheric forcing follows a 'normal' year strategy (Large and  
176 Yeager 2004). This choice emerged from the recognition that, when using CheapAML, transient  
177 atmospheric winds need to be accounted for to simulate a realistic oceanic mean state (Jamet et al.

178 2019). These are absent from climatological atmospheric conditions. The period August 2003 to  
179 July 2004 has been selected because it minimizes the difference between the number of occur-  
180 rences of the Atlantic Ridge weather regime and its 1958-2012 climatological mean. We have  
181 placed the focus on the Atlantic Ridge weather regime to identify a normal year since it has been  
182 shown to be the weather regime the most correlated to the North Atlantic subtropical Sea Sur-  
183 face Height interannual variability (Barrier et al. 2013). The occurrence of this weather regime  
184 has been found to induce a northward shift of the wind-stress curl, altering the Sverdrup balance  
185 and generating westward propagating Rossby waves. Such processes are of importance for the  
186 low-frequency variability of the North Atlantic large-scale circulation such as the Atlantic Merid-  
187 ional Overturning Circulation (AMOC) which is closely linked to the intensity of the gyres (Zhang  
188 2008). A fourth ensemble (OCAC, Open boundary conditions Climatologic and Atmosphere Cli-  
189 matologic) is run with both climatological boundary conditions and 'normal' year atmospheric  
190 forcing, such that the forcing involves no frequencies longer than one year. This fourth ensemble  
191 provides us a quantitative estimate of the AMOC variability that we cannot interpret as forced by  
192 the low-frequency variability of the atmospheric forcing or the boundary conditions. Although not  
193 exhaustive, possible explanation for the presence of a low-frequency, ensemble mean AMOC vari-  
194 ability in this ensemble may involve the presence of a 'residual' intrinsic variability due to the size  
195 of our ensemble (12 members), or the development of a forced low-frequency AMOC variability  
196 through non-linear processes. Such questions are however out of the scope of this paper, and thus  
197 left for further studies.

198 Finally, two additional single simulations (with no ensemble strategy) are run with fully varying  
199 open boundary conditions only at the southern or the northern extend of the domain, while all  
200 other forcing (including the surface) are yearly repeating. These two simulations will be used  
201 in Section 6 to disentangle the respective contribution of the northern and the southern boundary

202 for generating boundary forced AMOC variability in the subtropical gyre. Table 1 provides a  
203 summary of the simulations discussed in this study.

204 Our focus is placed on interannual-to-decadal AMOC variability. The model output 5-day av-  
205 eraged AMOC time series are thus band-pass filtered to remove large variance at sub-annual time  
206 scales, trends and very long frequencies unresolved by our 50-year long simulations. The filter  
207 is a combination of high- and low-pass filters, and a seasonally varying climatological mean is  
208 removed. This time filtering isolates periods between 2 and 30 years (Jamet et al. 2019b). First  
209 and last years of simulations are discarded in the following analyses due to side effects of this time  
210 filtering.

#### 211 *b. Mean state*

212 The time mean overturning circulation simulated by our reference, realistic ensemble (ORAR;  
213 Fig. 1, top left panel) exhibits a positive cell in the 3000 upper meters, peaking at about 18 Sv  
214 ( $1 \text{ Sv} = 10^6 \text{ m}^3 \text{ s}^{-1}$ ) at  $34^\circ\text{N}$  and 1200 m depth. Below 3000 m the overturning streamfunction  
215 is negative and of about 4-5 Sv at 4000 m depth. Near the surface, we also note the presence  
216 of two shallow subtropical wind-driven cells in the upper 200 m. Although the bottom negative  
217 cell is slightly stronger than in observations (Send et al. 2011; Frajka-Williams et al. 2011), all  
218 these features are typical of what is usually found in ocean-only (Danabasoglu et al. 2014) and  
219 climate models (Gastineau and Frankignoul 2012; Muir and Fedorov 2016). **Comparison of**  
220 **the ensemble mean AMOC and the RAPID-MOCHA-WBTS observational estimates can be**  
221 **found in the Supporting Informations of Jamet et al. (2019b).**

222 The three remaining panels of Fig. 1 provide estimates of the modified mean state when forcing  
223 (surface and open boundaries) is turned to yearly repeating signals. The time mean AMOC is  
224 reduced by about 0.1-0.2 Sv in most of the basin under climatological open boundary conditions,

225 with the largest reduction observed near the AMOC time mean maximum, i.e.  $34^{\circ}\text{N}$  and 1200 m  
226 depth (top right panel). The effects of turning the atmosphere from realistic to yearly repeating  
227 forcing is, not surprisingly, most pronounced in the upper layers, with notably a weakening of  
228 the northern hemisphere subtropical wind-driven cell by about -2 Sv (bottom left panel). Time  
229 mean AMOC changes are otherwise mostly positive with local maximum ( $\sim 0.5$  Sv) in localized  
230 regions. **The OCAC ensemble time mean AMOC changes reflect the combination of these**  
231 **two effects (bottom right panel).** Overall, those changes remain weak in amplitude and thus lie  
232 in the range of the variety of time mean AMOC usually simulated by models. Thus, as we will  
233 discuss below, changes in the forcing at the surface and at the boundaries primarily impact the  
234 simulated low-frequency AMOC variability, with little changes in the time mean AMOC state on  
235 which this variability develops.

### 236 **3. Leading modes of forced AMOC variability**

237 We extract the leading modes of forced AMOC variability in each ensemble by performing a  
238 Principal Component Analysis on the ensemble mean AMOC (Fig. 2). The EOF1 of the refer-  
239 ence, realistic ensemble (ORAR, top left panel) exhibits a broad positive signal over most of the  
240 domain, peaking to about 1.2 Sv at  $15^{\circ}\text{N}$  and 1500 m depth, and a sign reversal around  $45^{\circ}\text{N}$  and  
241  $15^{\circ}\text{S}$ . It explains slightly less than 40% of variance, and has been interpreted, in connection with  
242 previous studies, as the AMOC response to yearly varying atmospheric forcing by Jamet et al.  
243 (2019b). This interpretation is further supported here by comparing this leading mode of AMOC  
244 variability under realistic forcing against those obtained in the other ensembles. When the inter-  
245 annual and longer variability of the atmosphere is removed and the surface forcing repeats every  
246 year (ORAC, bottom left panel), the spatial pattern of the leading mode radically changes. It now  
247 exhibits a large band of meridionally coherent AMOC anomalies with no sign reversal, **revealing**

248 **the imprint of remotely-forced signals on the subtropical AMOC variability.** It reaches its  
249 maximum near the maximum of the time mean AMOC, i.e. at 1200 m depth. We note here that  
250 the meridional structure of this mode indicates a tendency of the AMOC to oscillate in phase at all  
251 latitudes. This would thus suggest a rapid communication of boundary signals toward the interior  
252 of the domain, potentially through Kelvin waves as suggested by others (Johnson and Marshall  
253 2002; Biastoch et al. 2008b; Zhang 2010; Hodson and Sutton 2012; Leroux et al. 2018). In con-  
254 trast, when the imprint of the low-frequency atmospheric forcing on AMOC variability is isolated  
255 from the influence of the boundaries (OCAR, top right panel), the leading mode of variability is  
256 found to be similar to the one obtained under realistic forcing, **i.e. a 'gyre-specific' mode with**  
257 **a sign reversal at the intergyre.** Comparing the results of these two ensembles (i.e. ORAC  
258 and OCAR) with those obtained under realistic forcing (i.e. ORAR) strongly supports earlier in-  
259 terpretations: The leading mode of the forced AMOC variability extracted through a Principal  
260 Component Analysis (PCA) on a realistic simulation reflects the oceanic response to the local at-  
261 mospheric forcing (Eden and Jung 2001; Eden and Willebrand 2001; Deshayes and Frankignoul  
262 2008; Gastineau and Frankignoul 2012; Jamet et al. 2019b). Such an interpretation is also con-  
263 sistent with the relative magnitude of these modes. Although they all explain about 40 to 50% of  
264 the forced AMOC variability, the leading mode in the ensemble ORAC is weaker ( $\sim 0.4-0.5$  Sv)  
265 compared to those obtained under realistic atmospheric forcing ( $\sim 1$  Sv). These differences are  
266 also seen in variance (Fig. 3), where the temporal standard deviation of the subtropical AMOC in  
267 the ensemble ORAC is about half of the standard deviation observed in the two ensembles driven  
268 by realistic atmospheric forcing. Thus, due to the stronger signal imprinted by the local, low-  
269 frequency atmospheric forcing on the ocean circulation, these dynamics are naturally identified  
270 as leading modes of variability through a PCA since the latter looks for modes with the largest

271 variance. Note that we only mentioned the first EOFs here, but have also computed the second and  
272 subsequent principal components, which all exhibit more regional patterns of variability.

273 When both surface and open boundary forcing are yearly repeating (ensemble OCAC), a weak  
274 'residual' variability appears. The PCA of this 'residual' variability reveals that about 35% of  
275 this variability is characterized by a large scale mode that strongly resembles the intrinsic mode  
276 of AMOC variability identified by Jamet et al. (2019b) in the realistic (ORAR) ensemble, and  
277 discussed in Section 5. This suggests this mode of 'forced' variability is likely to reflect a remnant  
278 of the intrinsic variability due to the relatively modest size of our ensemble size, i.e. 12 members.  
279 Although not conclusive, this supports our interpretation of a quantitative estimate of the AMOC  
280 variability that cannot be interpreted as forced by the low-frequency variability of the forcing.

281 Aside from their differences in spatial patterns, these modes also exhibit very distinct spectral  
282 contents. We illustrate this in Fig. 3 by reconstructing the time series of their respective maximum,  
283 i.e. multiplying the normalized PCs by the local maximum of their associated EOFs. The aim of  
284 this reconstruction is to simplify the interpretation, where spectral properties of these modes are  
285 shown with their respective amplitude. From their time series, it is clear that the leading mode  
286 of forced AMOC variability in the ensembles ORAR and OCAR (both driven by realistic atmo-  
287 spheric forcing) vary almost perfectly in phase. Their respective Power Spectral Density (PSD)  
288 functions confirm such an agreement in term of spectral content. The agreement is particularly  
289 pronounced at interannual time scales, where both of these modes exhibit two local maximum at  
290 2-3 and 6-8 years frequency bands typical of the North Atlantic atmospheric spectrum (Czaja and  
291 Marshall 2001; Reintges et al. 2017). When the ocean is driven by a yearly repeating atmospheric  
292 forcing however (ORAC and OCAC ensembles), the interannual variance strongly reduces and  
293 most of the energy resides at decadal time scales. The ensemble driven by fully varying open  
294 boundary conditions (ORAC) exhibits indeed a large peak of variability in the 10-30 years band,

295 which exceeds the spectral energy of the leading mode obtained in the realistic (ORAR) ensemble.  
296 This result further supports our earlier interpretation that the leading mode of AMOC variability  
297 computed under realistic conditions reflects the response to a local, low-frequency atmospheric  
298 forcing, but contains little information about the boundary forced signal.

299 The PCA discussed here provides a statistical description of the main spatio-temporal patterns of  
300 AMOC variability. It however only accounts for a given fraction (about 40-50% in our ensembles)  
301 of the total signal. We thus extend our spectral analysis in the following by considering full  
302 time series to further investigate time scale separation between local atmospherically forced and  
303 remotely forced AMOC variability, and assess their linear combination for interpreting realistic  
304 time series.

#### 305 **4. Testing the linear combination assumption**

##### 306 *a. Analysis of full time series*

307 We now wish to extend our results to full time series in order to account for the complete low-  
308 frequency AMOC spectrum. To replace our numerical results in an observational context, we  
309 choose to look first at the time series simulated by our four ensembles at 26.5°N, that is, the latitude  
310 of the RAPID-MOCHA-WBTS array (McCarthy et al. 2015a). AMOC time series at that location  
311 are plotted on the top left panel of Fig. 4, and their associated PSDs appear on the top right panel.  
312 Differences in the AMOC time series are largest between the two ensembles driven by the full  
313 spectrum of atmospheric forcing, i.e. ORAR and OCAR, against those driven by yearly repeating  
314 atmospheric forcing, i.e. ORAC and OCAC, reflecting here again the stronger control of the local  
315 atmospheric forcing on the low-frequency AMOC variability. Thus, AMOC variability simulated  
316 by the ensemble OCAR tends to closely follow that simulated by the realistic ensemble ORAR,

317 with most of the interannual peaks of variability consistently reproduced. We note for instance that  
318 the several Sverdrup downturn in 2009-2010, which has been monitored by the RAPID array and  
319 interpreted as an atmospherically forced signal (Roberts et al. 2013; Zhao and Johns 2014; Leroux  
320 et al. 2018), is well reproduced by the two ensembles driven by fully varying atmospheric forcing,  
321 but is not in the two ensembles driven by yearly repeating atmospheric forcing. Our results are  
322 thus consistent, and support, this earlier interpretation. We note however that the ensemble OCAR  
323 exhibits a more energetic AMOC variability in the 3-6 year band than the realistic ensemble ORAR  
324 (top right panel). This would suggest that low-frequency atmospheric forcing drives an AMOC  
325 variability within this frequency band which is damped by the realistic open boundary forcing.

326 Focusing now on decadal time scales, spectral analysis reveals that the AMOC variability in the  
327 ensemble OCAR is weak compared to the realistic ensemble ORAR (Fig. 4, top panels). Results  
328 from the ensemble ORAC suggest that the spectral content of the AMOC variability at those time  
329 scales is indeed driven by the open boundaries, with a spectral content consistently reproduced.  
330 These results thus suggest that the time scale separation between the local, atmospherically forced  
331 signal and the signal driven by open boundaries identified for leading EOFs holds for the full time  
332 series of AMOC variability. As a result, it is likely that the subtropical AMOC variability could  
333 be understood as a linear superposition of these two signals. We will further test this assumption  
334 in Section b.

335 We now wish to extend these results to all latitudes in our domain, that is, from 20°S to 55°N.  
336 At 1200 m depth, the maximum of the time mean AMOC, we then compute at all latitudes the  
337 PSD function of AMOC time series for each ensemble mean, and compare their results. Results  
338 appear on Fig. 5 for the three ensembles ORAR, OCAR and ORAC. Results for the ensemble  
339 OCAC are not shown. Previous analyses show a very weak signal in this ensemble, and we have  
340 verified that this holds at all latitudes. Results from the ensemble ORAC confirm our earlier find-

ings, that is, the open boundary conditions drive AMOC variability at decadal time scales. For shorter time scales, the spectral content in this ensemble is weak and do not explain any of the spectral peaks in the 1-10 year band found in the realistic ensemble ORAR. Similarly, results from the ensemble OCAR confirm that the local atmospheric forcing drives AMOC variability at interannual time scales. In this frequency band, the spectral content of the realistic ensemble ORAR is consistently reproduced. However, we found that the ensemble OCAR also exhibits significant AMOC variability at decadal time scales in the 30-40° latitude band. This would suggest that at these latitudes the atmosphere exerts a stronger effect on decadal AMOC variability. This region is characterized by the subpolar-subtropical intergyre position, suggesting a potential adjustment of the latter to decadal fluctuation in the local wind stress (Zhang 2010). At these latitudes, both remote signals and local atmospheric forcing imprint a decadal AMOC variability, with potentially complex interactions.

To conclude, although peculiarities arise at the subpolar-subtropical intergyre position (30-40°N), spectral estimates highlight that forced AMOC variability is driven by local atmospheric forcing at interannual time scales and remote processes at decadal time scales in most of the subtropical gyre. Based on this time scale separation, we thus suspect that in the realistic ensemble ORAR, AMOC variability can be understood as a linear combination of these two sources of variability as suggested earlier by Biastoch et al. (2008a).

#### *b. The linear assumption*

We aim here at assessing to which extent the realistic forced AMOC variability can be understood as a linear combination of local, atmospherically forced and remotely generated signals. For this purpose, we reconstruct an AMOC streamfunction as the sum of the two streamfunctions simulated by the ensembles OCAR and ORAC, and compare it with the realistic ensemble ORAR.

364 Following the previous section, we first present and discuss results at  $26.5^{\circ}\text{N}$ , and then extend our  
365 analysis at all latitudes of our regional domain.

366 At  $26.5^{\circ}\text{N}$  (Fig. 4, bottom panels), results from this reconstruction are promising. The recon-  
367 structed time series is highly correlated ( $r = 0.9$ ) to the realistic forced AMOC variability, and  
368 lies within the ensemble spread induced by intrinsic ocean dynamics. When taken separately, the  
369 forced AMOC variability in the ensemble OCAR (ORAC) is correlated to  $r = 0.8$  ( $r = 0.3$ ) to  
370 the time series diagnosed in the realistic ensemble ORAR. Added together, the contribution of  
371 each ensemble dynamics is to improve correlation with realistic estimates of the forced AMOC  
372 variability, although most of the correlation is due to the atmospheric forcing, consistently with a  
373 stronger control of the latter compared to remote signals. The large strengthening of the AMOC by  
374 about 4 Sv in the mid-1990s provides a nice illustration for this reconstruction. Over this period,  
375 the AMOC time series in the ensemble OCAR is indeed off by about 1 Sv compared to the real-  
376 istic ensemble ORAR. But the ensemble ORAC exhibits at the same time a low-frequency signal  
377 that contributes about 1 Sv to the strengthening of the AMOC. Added together, the reconstructed  
378 time series is in very good agreement with the AMOC variability in realistic conditions over that  
379 period.

380 Although the correlation between the two time series is high ( $r = 0.9$ ), we note however that  
381 differences occur over the course of the simulation. Spectral analyses highlight that such discrep-  
382 ancies have preferred frequency, with a more energetic reconstructed AMOC in the 3-6 years band  
383 and at decadal time scales (Fig. 4, bottom right panel). The 3-6 years band corresponds to the fre-  
384 quency band where the ensemble OCAR exhibits an over estimated AMOC variability compared  
385 to the realistic scenario (cf Section a). These results would suggest that in this frequency band,  
386 the AMOC variability at  $26.5^{\circ}\text{N}$  cannot be understood as a linear combination of two independent  
387 signals, but rather that the interactions between them needs to be accounted for.

388 We now extend the analysis of the reconstructed AMOC time series for all range of latitude  
389 within our domain. At 1200 m depth, the spectral content of the reconstructed AMOC super-  
390 imposes on the spectral content of the realistic ensemble ORAR with a good level of agreement  
391 (Fig. 5). The general patterns of the spectral content closely match, and regions of high spectral  
392 density are consistently reconstructed. This visual inspection is further supported by taking the  
393 difference of these two PSDs. Results appear on the bottom right panel of Fig. 5, where blue col-  
394 ors indicate a more energetic reconstructed AMOC. Although significant differences are observed  
395 at specific locations, we found that most of the AMOC variability in our realistic ensemble can be  
396 understood as a linear combination of the two ensembles OCAR and ORAC. Marked differences  
397 appear however at some localized spots, such as the decadal AMOC variability in the 30-40°N  
398 latitude band. We identified earlier this latitude band as a region where the local atmospheric  
399 forcing imprints an AMOC variability at decadal time scales. Such a surface forcing would thus  
400 potentially interact with the decadal signal imposed by the boundaries, leading to a more complex  
401 signal than a simple linear combination. We also note that the mismatch in the 3-6 years band  
402 between the reconstructed and the realistic AMOC variability at 26.5°N seems to be a peculiarity  
403 of the 20-30°N latitude band.

404 **Permutting open boundaries and surface forcing from realistic to yearly repeating signals**  
405 **induces an imbalance between the state of the ocean and the applied new boundary condi-**  
406 **tions. To adjust, the ocean is likely to generate wave-like signals in response to these changes,**  
407 **such that we cannot exclude the presence of artificial modes in our regional configuration.**  
408 Such modes could imprint into the AMOC, and may well play a role in the overestimated variability  
409 at 26.5°N and in the 30-40°N latitude band diagnosed in the ensemble OCAR. Although further  
410 analyses are required to consistently assess the potential effects of such modes, we note that our  
411 results are similar to what Leroux et al. (2018) diagnosed in their global and North Atlantic  $\frac{1}{4}^\circ$

412 ensembles. When constrained by imposed climatological boundary conditions at 20°S and 81°S,  
413 the two leading modes of the ensemble mean AMOC in their 10-members regional North Atlantic  
414 ensemble exhibit an slightly larger amplitude than the leading modes diagnosed in their global,  
415 50-member ensemble. The two ensembles used by Leroux et al. (2018) are significantly different  
416 from ours, especially regarding boundary conditions, but they exhibit differences that compare  
417 well with our results. This suggest a dynamical origin of the over estimated AMOC variability in  
418 our OCAR ensemble rather than numerical artefacts.

### 419 *c. Benefits of the ensemble*

420 **We have shown that the realistic AMOC variability within the North Atlantic subtropical**  
421 **gyre can be understood, to a good extent, as a linear superposition of signals with different**  
422 **origins. This support the earlier findings of Biastoch et al. (2008b), and extend their results**  
423 **in an eddying regime. We have performed these analyses with an ensemble strategy, but it**  
424 **is legitimate to question its necessity due to the large computational time required to pro-**  
425 **duce such ensemble simulations. We thus want here to illustrate the benefits of this strategy**  
426 **by comparing the results obtained with single simulations. The four ensembles have been**  
427 **initialized with the same set of 12 initial conditions. Comparing the members across the en-**  
428 **sembles is thus the analog of regular sensitivity experiments performed to identify the ocean**  
429 **response to different forcing.**

430 **We consider here the correlation between the reconstructed and the realistic AMOC vari-**  
431 **ability. Results appear on the left panel of Fig. 7 for the reconstruction based on ensemble**  
432 **means. The reconstructed AMOC is correlated to the realistic AMOC to at least 0.9 in most**  
433 **of the basin. These correlations weakened in the Gulf Stream region an at depth, where**  
434 **intrinsic AMOC variability has been shown to be the largest (Jamet et al. 2019b). When con-**

435 **sidering only one member however, the correlations strongly reduce in almost all the basin**  
436 **(Fig. 7, middle panel). At 1200 m depth (right panel), correlations drops to 0.6 in the subtrop-**  
437 **ical gyre and to 0.2 in the Gulf Stream region. These low correlations reflect the presence of**  
438 **an intrinsic AMOC variability in the simulations which we discuss in the next section. This**  
439 **intrinsic AMOC variability imprints in all simulations with the same pattern and spectral**  
440 **content, but with a random phase. Their contribution do not add linearly, explaining the**  
441 **lower correlations found when considering only one member of the ensembles. This result il-**  
442 **lustrates the benefits of ensemble simulations to disentangle the respective role of the forcing**  
443 **in eddy-resolving simulations.**

## 444 **5. Intrinsic AMOC variability**

445 We have thus far focused on the forced AMOC variability as simulated by our four ensembles.  
446 This forced signal has been computed through an ensemble average. This averaging operation  
447 captures the signal common to all members within an ensemble, and thus reflects the ocean re-  
448 sponse to external forcing (we recall here that all members of an ensemble are exposed to the  
449 same surface and open boundary forcing). However, each member within a given ensemble is not  
450 locked to this ensemble mean. They exhibit sensitivity to initial conditions such that a significant  
451 portion of the AMOC variability within a given member is driven by intrinsic oceanic dynamics  
452 (Leroux et al. 2018; Jamet et al. 2019b). We thus now want to focus on this intrinsic component of  
453 the variability by considering the ensemble spread in our four ensembles and assess its sensitivity  
454 to changes in the forced signal.

455 Following Jamet et al. (2019), we first compute, within each of the four ensembles, the de-  
456 parture of each member from its associated ensemble mean. We then perform a PCA on each  
457 ensemble member residual and average the results together to yield a map of intrinsic AMOC

458 variability. Results of this analysis highlight the presence of a basin scale mode of intrinsic vari-  
459 ability in each ensemble that strongly resembles the intrinsic basin scale mode identified by Jamet  
460 et al. (2019b) in the realistic ensemble ORAR (Fig. 6). This basin scale mode peaks at about 1.2  
461 Sv in the subtropical gyre near 2000 m depth, and mostly expresses at interannual time scales.  
462 In previous sections, we have discussed the fundamentally different characteristics of the forced  
463 AMOC variability simulated by these ensembles. Thus, the level of agreement found in the intrinsic  
464 component of these ensembles highlights the very weak sensitivity of the basin scale mode of  
465 intrinsic AMOC variability to changes in the surrounding forced component of the AMOC vari-  
466 ability. Such a weak sensitivity has been reported earlier by Leroux et al. (2018) for the intrinsic  
467 AMOC variability at mid-depth. Our results provide a vertical and spectral generalisation of this  
468 earlier finding.

## 469 **6. Northern and southern origin of the decadal AMOC variability**

470 Biastoch et al. (2008b) have provided evidence that decadal AMOC variability in the North  
471 Atlantic subtropical gyre might be imprinted by Agulhas meso-scale dynamics. Those results  
472 contrast with the prevailing mechanism for explaining the decadal subtropical AMOC variability  
473 as being paced by high latitude processes such as deep water formation. Their results have re-  
474 cently been supported by Leroux et al. (2018) in their 50-members global ocean ensemble, where  
475 they identified a South Atlantic mode of intrinsic AMOC variability. This suggests that the meso-  
476 scale dynamics of the Agulhas current has the potential to pace intrinsic AMOC variability further  
477 north, and thus are likely to imprint on the RAPID observations at 26.5°N. In our regional config-  
478 uration, this South Atlantic signal would be part of our southern boundary, and would thus emerge

479 as a forced signal<sup>1</sup>. We have derived our open boundary conditions from the 1/12° global ocean  
480 simulation ORCA12, which is a higher resolution version of the ORAC025 configuration used by  
481 Leroux et al. (2018) in their ensemble simulation. We are thus confident that our boundary condi-  
482 tions are relevant for imposing a South Atlantic mode of variability. To isolate the influence of our  
483 southern boundary from its northern counterpart, we analyze the two additional simulations runN  
484 and runS driven by either northern or southern fully varying boundary conditions, the remaining  
485 forcing being yearly repeating (including surface forcing).

486 Due to large computational time required to generate ensembles, we were not able to produce  
487 ensembles for these additional simulations. They are thus single realizations, such that ensemble  
488 statistics are not at our disposal for accurately separating the forced AMOC variability from its  
489 intrinsic counterpart. Instead, we leverage results from our four ensembles to interpret the dy-  
490 namics simulated by these two additional single simulations. We particularly recognize that those  
491 two simulations are driven with yearly repeating atmospheric forcing, such that interannual forced  
492 AMOC variability **in the North Atlantic subtropical gyre** is expected to be weak. The dynam-  
493 ics that develops at those time scales thus mostly reflects intrinsic ocean processes. We estimate  
494 the amplitude of this intrinsic variability by examining one member of the ensemble OCAC. This  
495 ensemble is driven by yearly repeating atmospheric forcing and open boundary conditions, pro-  
496 viding an estimate of the signals that develop in our regional configuration at low-frequency that  
497 cannot be interpreted as forced. Within this ensemble, member #02 exhibits the strongest intrinsic  
498 variability within the subtropical gyre. We thus use this member to maximize our estimates of  
499 AMOC variability that cannot be interpreted as forced. Additionally, we previously identified that

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<sup>1</sup>Note that the forced characteristic of the imprint of the South Atlantic dynamics on the North Atlantic subtropical AMOC variability only results from our regional model strategy. It does not question the intrinsic nature of this variability in the real ocean, as proposed by others with global simulations (Bjastoch et al. 2008b; Hirschi et al. 2013; Grégorio et al. 2015; Leroux et al. 2018).

500 the boundary forced AMOC signals dominate at decadal time scales; therefore, we now focus our  
501 discussion in this frequency band.

502 AMOC anomalies at 1200 m depth are shown in Fig. 7 as latitude-time Hovmöller diagrams.  
503 Comparing AMOC anomalies in the two single simulations runN and runS with the ORAC ensem-  
504 ble mean strongly suggests that our decadal boundary forced AMOC variability is mostly driven  
505 by signals entering the domain through the northern boundary. The simulation runN exhibits in-  
506 deed a marked strengthening during the late nineties very comparable to the AMOC variability  
507 diagnosed in the ORAC ensemble mean, although less regular in time due to the presence of in-  
508 terannual intrinsic variability. In contrast, no such signal is found in runS, suggesting a weaker  
509 impact of southern origin dynamics for the overall North Atlantic subtropical AMOC variabil-  
510 ity. Also note that our detrending procedure has removed very low-frequency AMOC signals (not  
511 shown). At 26.5°N, this very low-frequency variability exhibits a strengthening of the AMOC  
512 maximum up to the mid- 1990's of about 1 Sv, and a decay afterward. This signal is observed in  
513 both the ORAC ensemble mean and in runN, consistent with what can be found in ocean models  
514 of the CORE-II experiments (Danabasoglu et al. 2016). In contrast, we did not found evidence of  
515 such a signal in runS, suggesting here again the leading role of subpolar North Atlantic dynamics  
516 for the low-frequency AMOC variability within the North Atlantic subtropical gyre.

517 Finally, although the imprint of the southern boundary on the forced AMOC variability is glob-  
518 ally weak, its contribution, not surprisingly, prevails in the southern part of our regional domain.  
519 South of the equator, intrinsic AMOC variability is weak ( $\sigma = 0.3$  Sv; Fig. 7 top right panel), such  
520 that AMOC anomalies observed in runS can be interpreted as driven by our southern boundary.  
521 At these latitudes, AMOC variability in runN is also weaker ( $\sigma = 0.5$  and  $\sigma = 0.8$  Sv for runN  
522 and runS, respectively), and does not explain the 0.7 Sv AMOC standard deviation diagnosed in  
523 the ORAC ensemble mean. **In contrast with the northern boundary, the signal imprinted**

524 **by the southern boundary contains energy at interannual time scales. This is visible in the**  
525 **Hovmöller diagrams for both the ensemble mean <ORAC> and the runS, as well as in the**  
526 **spectral estimates of AMOC variability of Fig. 5, bottom left panel.** In the North Atlantic sub-  
527 tropical gyre, the AMOC variance is slightly larger in the runS than in OCAC ensemble member  
528 #02 ( $\sigma = 1$  Sv and  $\sigma = 0.8$  Sv, respectively), suggesting a weak contribution of about 0.1-0.2 Sv  
529 for the overall subtropical AMOC variability. This would suggest, although their imprint are weak,  
530 South Atlantic signals could make their way through the equator and **contribute to** AMOC  
531 variability further north. Those results are consistent with earlier studies (Biaostoch et al. 2008b;  
532 Leroux et al. 2018), but we are not able to robustly investigate such a northward propagation  
533 route with a single, eddy resolving simulation. Further investigations are thus required to support  
534 those preliminary estimates of the contribution of South Atlantic dynamics for the North Atlantic  
535 subtropical AMOC variability.

## 536 **7. Summary and discussion**

537 We analyzed in this study the results of four ensemble simulations of a regional (20°S-55°N)  
538 configuration of the North Atlantic. This analysis focused on the origin (local or remote) of the  
539 forced, low-frequency (2-30 years) variability of the Atlantic Meridional Overturning Circulation  
540 (AMOC) in the subtropical gyre. Simulations have been carried out at eddy-resolving resolution  
541 ( $\frac{1}{12}^\circ$ ) to account for the role of eddies in the general ocean circulation. Ensemble statistics have  
542 thus been applied to isolate the AMOC signals driven by forcing from those with an intrinsic  
543 origin due to non-linear dynamics explicitly resolved at this resolution. The four ensembles have  
544 been exposed to different forcing, where we have alternatively permuted surface and boundary  
545 forcing from fully varying (realistic) to yearly repeating signals. Comparing the AMOC variability  
546 simulated by these four ensembles allow us to disentangle the respective contribution of low-

547 frequency atmospheric forcing from signals with a remote origin and entering the domain through  
548 the boundaries. The main results can be summarized as follow:

- 549 1. Isolating the variability driven by the local atmospheric forcing from the variability driven by  
550 open boundaries revealed a pronounced time scale separation: The leading mode of AMOC  
551 variability driven by local surface forcing dominates at interannual (2-10 years) time scales,  
552 while that driven by open boundaries dominates at decadal (10-30 years) time scales. Due to  
553 the stronger imprint of the local atmospheric forcing, the leading mode of AMOC variability  
554 in realistic conditions (i.e. with both realistic surface and realistic boundary forcing) extracted  
555 through PCA mostly reflects the imprint of the atmosphere.
- 556 2. The marked time scale separation between surface and boundary forcing allows for a good  
557 reproduction of the realistic AMOC variability in most of the subtropical gyre through a  
558 linear combination of surface and boundary forced signals. Peculiarities emerged however at  
559 the subtropical-subpolar intergyre position. There, the imprint of the atmosphere is found to  
560 extend at decadal time scales, and interact with the boundary forced signal.
- 561 3. Although marked differences appeared in the forced (ensemble mean) AMOC variability,  
562 all ensembles exhibit a very similar intrinsic (ensemble spread) AMOC variability. They  
563 all reproduce a basin scale mode of intrinsic AMOC variability peaking at 20°N and 2000  
564 m depth, with an interannual time scales. This highlights the very weak sensitivity of this  
565 intrinsic mode to the surrounding forced AMOC variability, and thus no causal relationship  
566 between the two.
- 567 4. Both northern and southern boundaries are found to contribute to AMOC variability within  
568 our domain, although with different amplitude. Overall, the contribution of northern origin

569 signals dominates, particularly at the RAPID site ( $26.5^{\circ}\text{N}$ ), but southern origin signals might  
570 well contribute at second order.

571 These results bring new insights in the partitioning of the subtropical AMOC variability. **Al-**  
572 **though** the sensitivity experiments on the southern or northern origin of the boundary forced  
573 AMOC variability suggest a **stronger imprint of the northern boundary signal for AMOC**  
574 **variability at  $26.5^{\circ}\text{N}$** , they also support the earlier findings of Biastoch et al. (2008b) and Leroux  
575 et al. (2018) where the southern boundary is found to imprint a weak AMOC variability at  $26.5^{\circ}\text{N}$   
576 at decadal time scales, with a likely intrinsic origin (Leroux et al. 2018). Such a contribution is  
577 suggested to be of the order of 0.1-0.2 Sv, consistent with their earlier estimates. Dedicated studies  
578 are however required to provide a robust estimate of the imprint of the South Atlantic dynamics on  
579 the subtropical AMOC variability, thus helping the interpretation of the RAPID-MOCHA-WBTS  
580 time series. For this purpose, a filtering procedure could be developed to consistently filter in-  
581 trinsic AMOC variability, such as what Close et al. (In Revision) proposed to separate forced and  
582 intrinsic variability of the sea surface height. Applying such a filtering procedure to the AMOC  
583 time series would first reduce the computational time required to extract forced AMOC signals  
584 from single, eddy resolving simulations, and would also help interpreting the forced component  
585 of AMOC variability as observed by the RAPID-MOCHA-WBTS (McCarthy et al. 2015b) or the  
586 OSNAP (Lozier et al. 2017) arrays.

587 Finally, we would like to further discuss the implications of our results at the intergyre position.  
588 We found that the atmosphere drives AMOC variability at decadal time scales in the  $30\text{-}40^{\circ}$  lat-  
589 itude band, which interacts with the decadal scale signals driven by boundaries. As a result, the  
590 realistic AMOC variability in this region cannot be reconstructed through a linear combination  
591 of these two signals. These results are in line with the complex dynamics associated with the

592 crossover of the Gulf Stream and the Deep Western Boundary Current (Spall 1996a,b; Bower and  
593 Hunt 2000; Zhang and Vallis 2007; Andres et al. 2016). From a Lagrangian point of view however,  
594 modifications of DWBC signals through interaction with the Gulf Stream are expected to imprint  
595 further south as those signals propagate along the western boundary. However, within the sub-  
596 tropical gyre, we found that the linear reconstruction leads to consistent estimates of the realistic  
597 low-frequency AMOC variability. These results thus question on the role played by the complex  
598 dynamics at the intergyre position for the low-frequency AMOC variability of the subtropical gyre,  
599 thus for the interpretation of the RAPID array time series.

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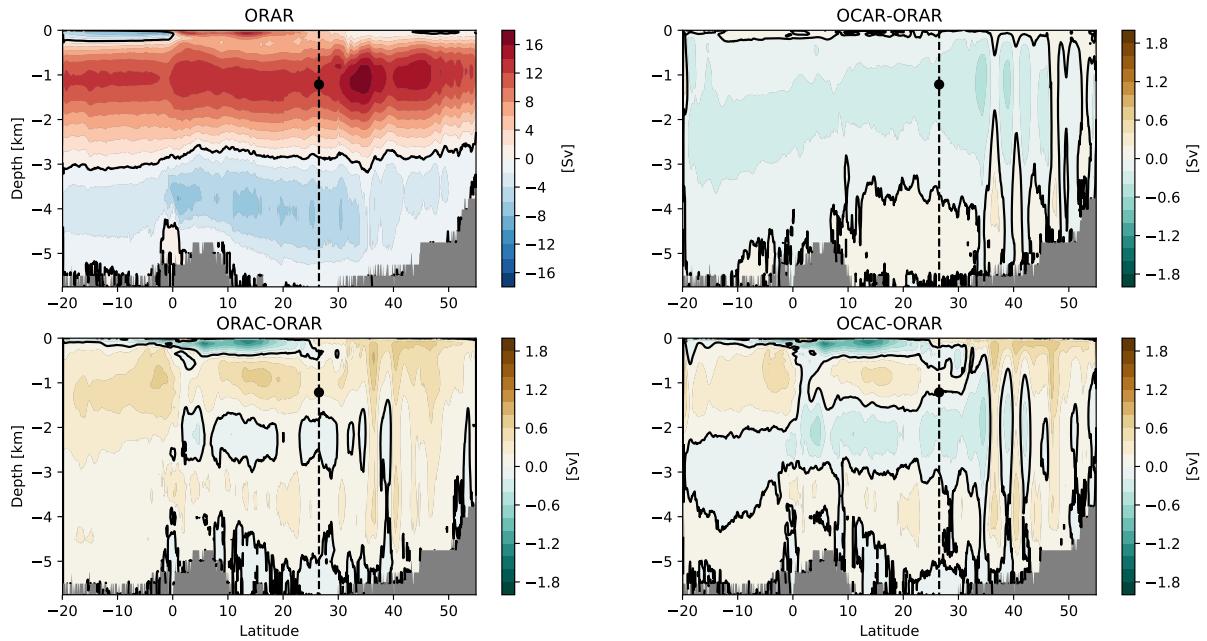
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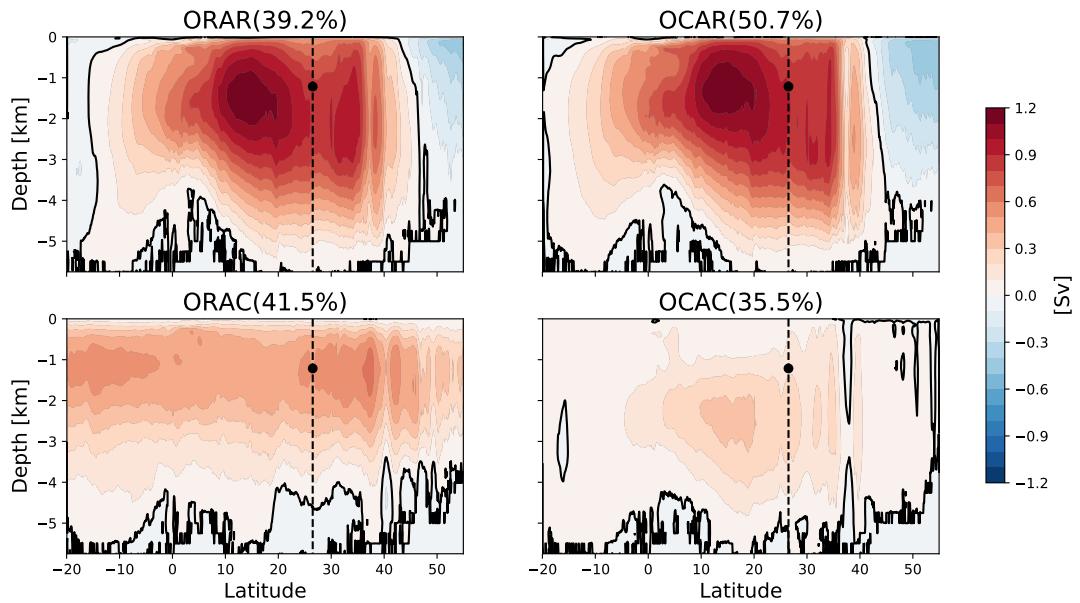
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TABLE 1. Summary of the simulations discussed in this study, where < . > indicates ensemble simulations.

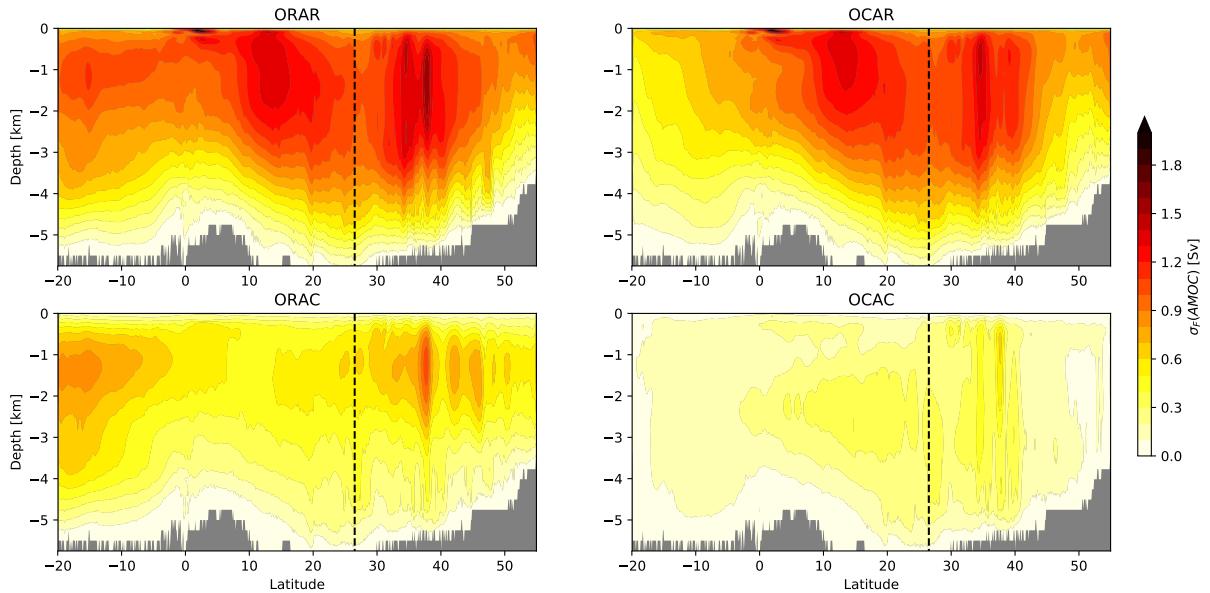
Open BoundaryAtmosphere	Fully varying	Normal year
Fully varying	<ORAR>	<ORAC>
Climatologic	<OCAR>	<OCAC>
Northern boundary real		runN
Southern boundary real		runS



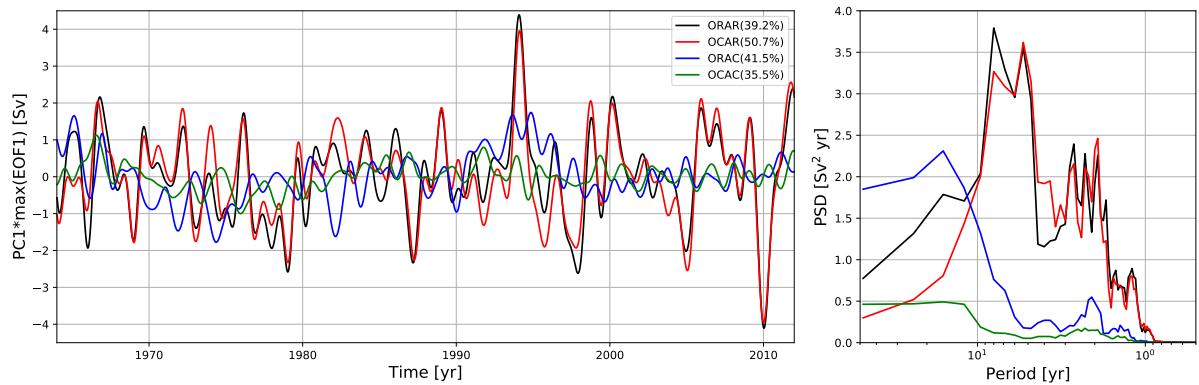
774 FIG. 1. Time mean Atlantic Meridional Overturning Circulation (AMOC) streamfunction for the reference,  
 775 realistic ensemble ORAR (top left, contours intervals = 2 Sv), and associated departures from this reference  
 776 ensemble for the 3 other ensembles OCAR (top right), ORAC (bottom left) and OCAC (bottom right, contour  
 777 intervals = 0.2 Sv). See Table 1 for further details on the experiments. Zero contours are in black. The dashed  
 778 line represents the location of the RAPID-MOCHA-WBTS array, and the black dot the depth of the maximum  
 779 time mean AMOC used in Fig. 5. The time mean AMOC is computed from the ensemble mean, unprocessed,  
 780 5-day averaged model outputs.



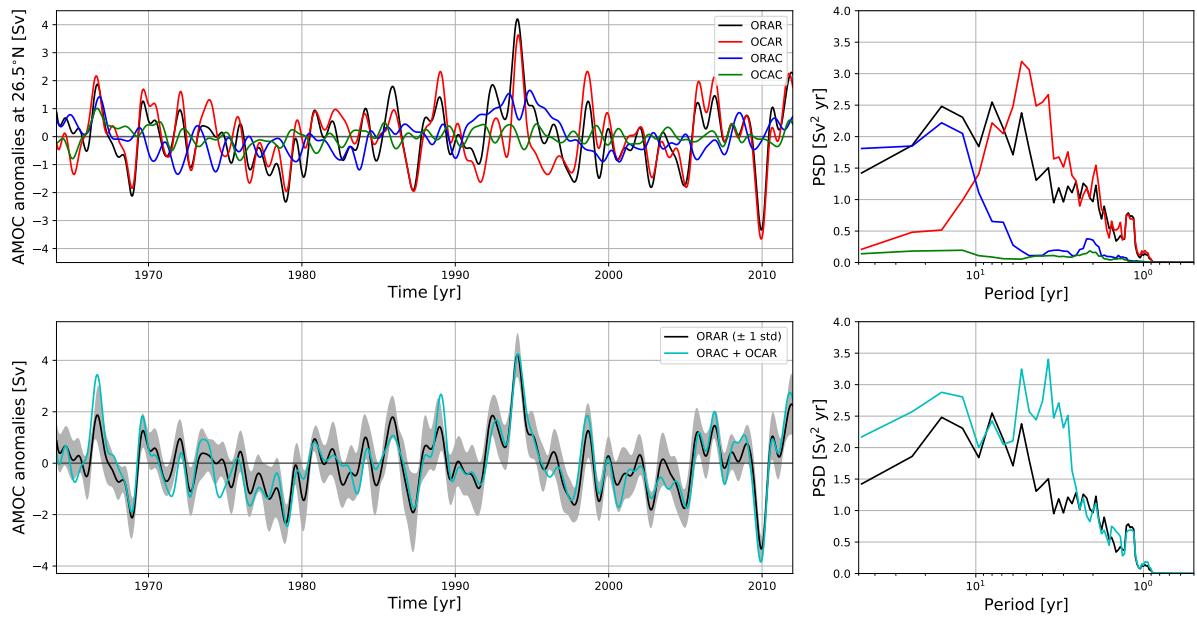
781 FIG. 2. Leading modes of the ensemble mean AMOC variability in the four ensembles ORAR (top left),  
 782 OCAR (top right), ORAC (bottom left) and OCAC (bottom right). Empirical Orthogonal Functions (EOFs)  
 783 have been normalized by the standard deviation of their associated Principal Components (PCs) such that they  
 784 contain the amplitude, in Sv, of the explained signal. Zero contours are in black and contour interval is 0.1 Sv.  
 785 The dashed line represents the location of the RAPID-MOCHA-WBTS array, and the black dot the depth of the  
 786 maximum time mean AMOC.



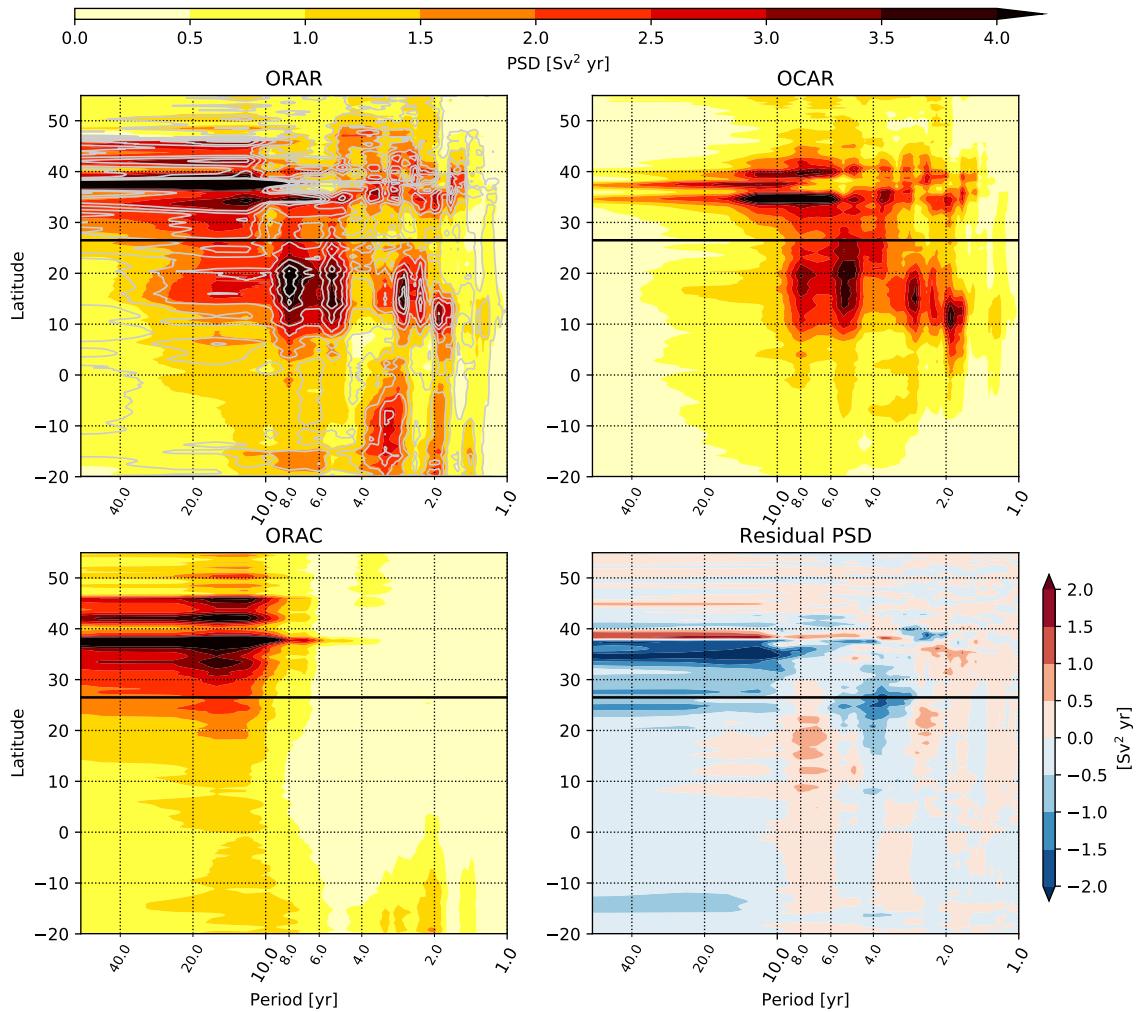
787 FIG. 3. Temporal standard deviation of the ensemble mean AMOC for the ensemble ORAR (top left), OCAR  
 788 (top right), ORAC (bottom left) and OCAC (bottom right). Contour interval is 0.1 Sv. The dashed line represents  
 789 the location of the RAPID-MOCHA-WBTS. The temporal standard deviation is computed from the ensemble  
 790 mean, time processes (band-passed filtered and deseasonalized) AMOC.



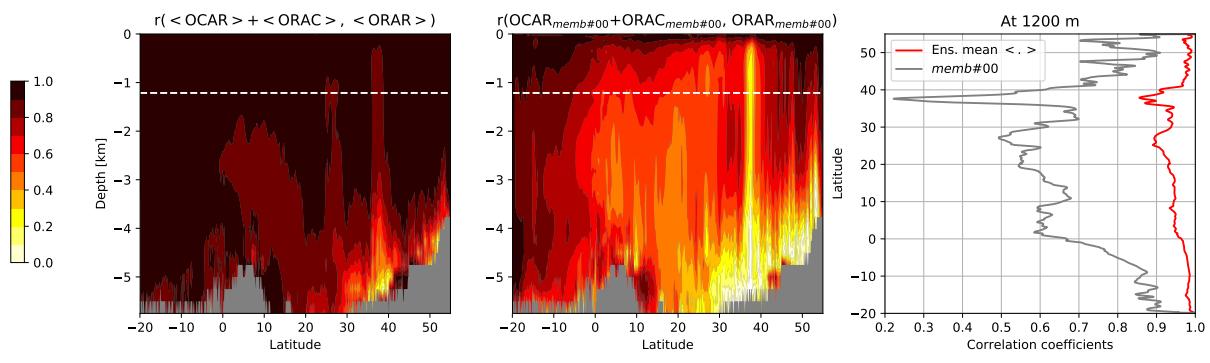
791 FIG. 4. Time series of the PCs associated with the leading mode of variability presented on Fig. 2 (left), and  
 792 their associated Power Spectral Density (PSD) function (right). Normalized PCs have been multiplied by the  
 793 respective maximum of their associated EOFs to account for their magnitude.



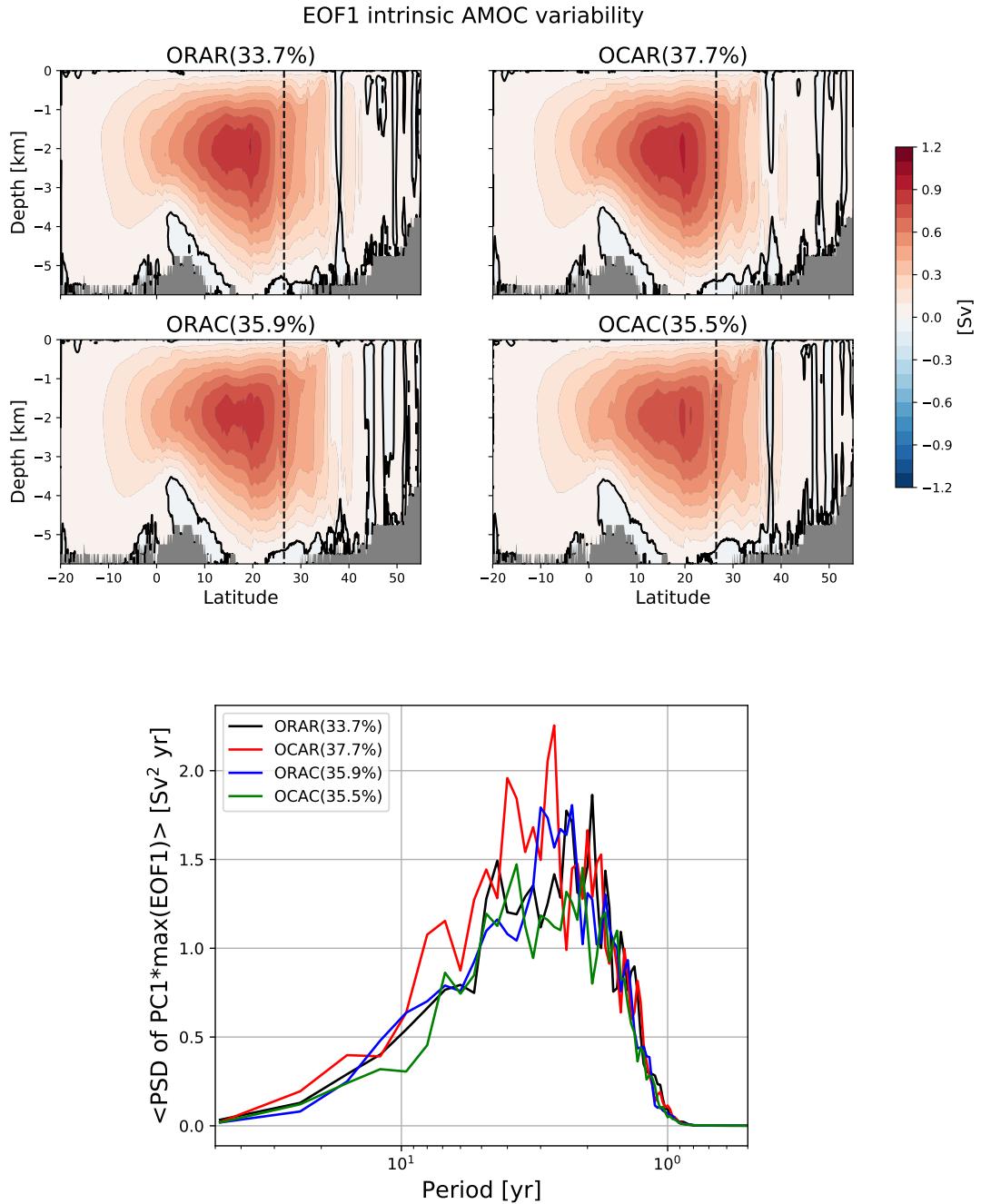
794 FIG. 5. (Top) Times series of the ensemble mean AMOC anomalies at 26.5°N and 1200 m depth in the  
 795 four ensembles (left), and their associated PSD functions (right). PSD functions have been smoothed with a  
 796 5-point moving average window. (Bottom) Same as top but for the realistic ensemble ORAR (black), with  $\pm$   
 797 one standard deviation associated with the ensemble spread (grey shading), and a reconstruction made as the  
 798 sum of the two ensembles mean ORAC+OCAR (cyan).



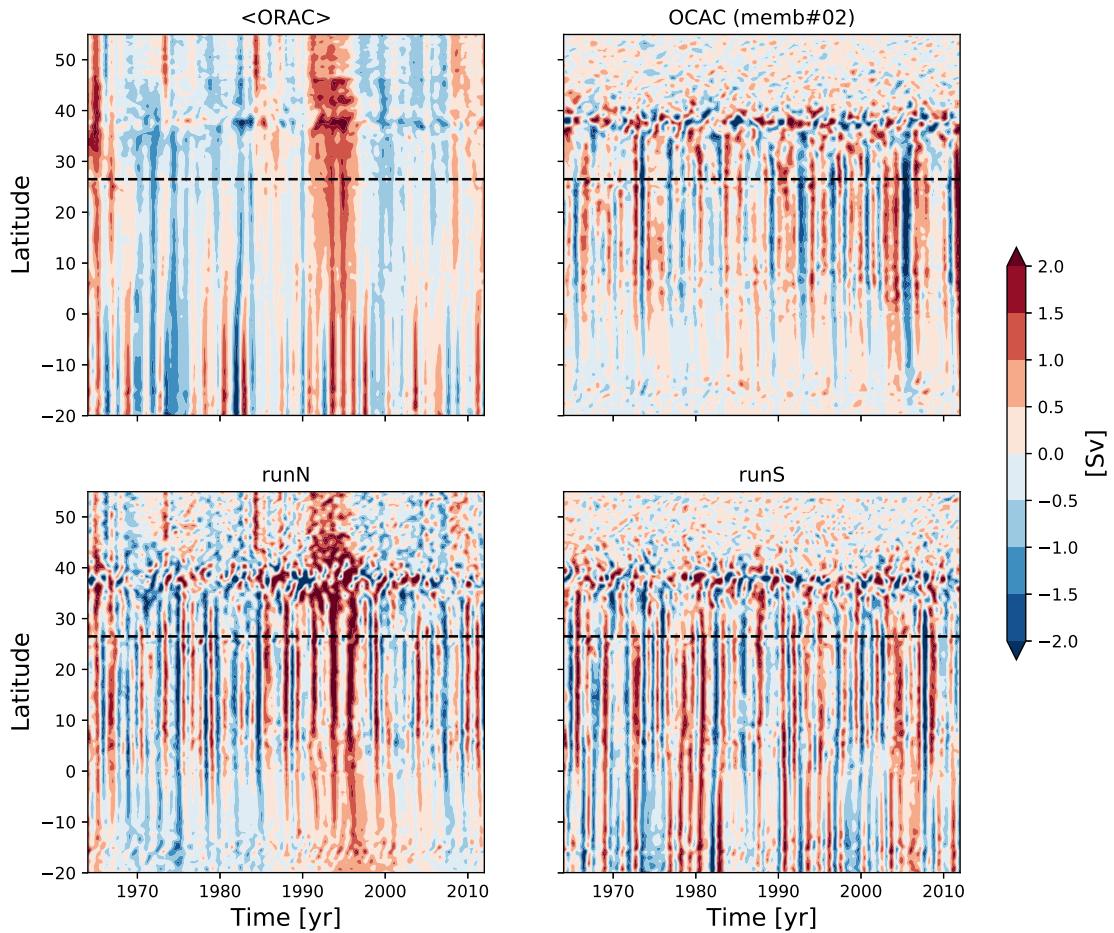
799 FIG. 6. Ensemble mean AMOC PSD functions as a function of latitude at 1200 m depth for the three en-  
 800 sembles ORAR (top left), OCAR (top right), ORAC (bottom left). Grey contours on top left panel show the  
 801 PSD of the reconstructed AMOC as a combination of the two ensembles ORAC+OCAR, and the error in the  
 802 reconstructed spectral content is shown on the bottom right panel. Blue colors indicate that the PSD of the re-  
 803 constructed AMOC time series exceeds that of the realistic ensemble. PSD functions have been smoothed with  
 804 a 5-point moving average window. The black line indicates the latitude of  $26.5^\circ\text{N}$ .



805 FIG. 7. Correlation coefficients between the realistic experiment ORAR and the linear reconstruction  
 806 OCAR+ORAC for (right) the ensemble mean and (middle) memb#00 only. (right) Correlations at the depth  
 807 of 1200 m for the ensemble mean (red) and memb#00 only (grey).



808 FIG. 8. (Top) Leading mode of intrinsic AMOC variability, computed following Jamet et al. (2019b), for the  
 809 4 ensembles ORAR (top left), OCAR (top right), ORAC (bottom left) and OCAC (bottom right). EOFs have  
 810 been normalized by the standard deviation of their associated PCs such that they contain the amplitude, in Sv,  
 811 of the explained signal. Zero contours are in black, contour interval is 0.1 Sv and the dashed line represents the  
 812 location of the RAPID-MOCHA-WBTS array. (Bottom) Associated spectral content, computed as the ensemble-  
 813 averaged PSD functions of the normalized PCs multiplied by the maximum of their associated EOF.



814 FIG. 9. Latitude-time Hovmöller diagrams of AMOC anomalies at 1200 m depth for (top left) the ORAC  
 815 ensemble mean, the  $\langle . \rangle$  indicates ensemble averaging, (top right) ensemble member #02 of the ensemble  
 816 OCAC, and (bottom) the two additional, single simulations runN and runS. Contour interval is 0.5 Sv. Black  
 817 dashed line indicates the latitude of  $26.5^\circ\text{N}$ .